



Potluck:



Kensington author is a movie storyteller • Page 7

OUPNZ

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ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, APRIL 20, 1983

NOW pickets over funding

Protest planned at Carl's Jr.

N ROBERTA ALEXANDER

L CERRITO — It will be cheeseburgers with picket signs Saturday as a local women's protests the financial contribuof a fast food chain.

Rights Amendment. NOW supports these rights.
"This is a company whose owner donates a lot of money that is anti-reproductive choice," Asghedom explained. "Women should know what happens to the money they spend once it goes into the company coffers."

Albany may cut police, fire funds

JUDY POLUMBAUM

bers Henry Kruse and both agreed that the

(Continued on Page 3)

Creating for TV is making magic

Producer loves art of his craft

By ARLENE EAGAN

By ARLENE EAGAN

ENSINGTON — Television isn't just entertainment for producer Don Ferguson of Kensington. He says it's an art medium that "is a fluid way of recreating the world."

"It's a picture that moves and speaks, it's not just there," Ferguson said. "It gives me a feeling of magic. There's something to being able to so literally recreate the world, even though it's on so small a box."

"But it's only a matter of time before video comes up with a screen the size of a movie screen," he said. Ferguson, 36, has been working with video locally for the past two and a half years. He completed one semester in the video department at the California College of Arts and Crafts in Oakland, but he says he gained most of his experience on the job. Most of his learning was self-taught from equipment and textbooks, and about half of his time has been spent learning the technological aspects of

learning the technological aspects of production. He started out working on a production crew with Televents in El Cerrito to gain his experience "in bits and pieces."

Ferguson previously worked with various art media, including ceramics, wood, stone and silver.

When he was younger he was more interested in "cerebral things, like philosophy. I did a master's degree in

(Continued on Page 2)



Don Ferguson

for this weekend

Video fair set

Producer Don Ferguson of Kensington will be videotaping the East Bay's first video and computer flea market and fair, which will be held in Berkeley this week.

Ferguson is recording the event for a tape he is doing about the East Bay Media Center (EBMC), the sponsors of the flea market. Flea market coordinator Andrea Torrice said she is expecting 200-500 people to attend.

Consensus politics in Albany

A LBANY — Several years ago, Albany's City Council meetings as being "the best show in town," admission free, where the public could view their elected officials exchanging fiery

Many people shared the hope that council meetings as would evolve into a forum for public debate, where opposing viewpoints could be discussed in an atmosphere of mutual respect. However, the currently dominant political process is something very different; often referred to as (Continued on Peace)

Early P.E. decision postponed

By DON McCORMACK

By DON McCORMACK

Agroup of parents that wants to pay to stretch the school day at Portola Junior High School in El Cerrito got a lukewarm reception from the Richmond Unified school board last week.

The board delayed a vote on the parents' proposal to sponsor an early morning physical education class in the fall, freeing students to take another elective class during the day.

But board member Don Lau said he was against the plan and board member Eddis Harrison said she saw legal difficulties. Superintendent Richard Lovette, however, said the district's lawyer indicated the plan, if modified, would be legally acceptable.

lottery.
Ernie Ciarrocchi, executive director of the United Teachers of Rich

(Continued on Page 2)

Billy Ball may take a run for the roses



At the Gold Rush Stakes, Billy Ball (right) was the winner

First, it's the Cal Derby

By STEVE TADY

Ommuters creeping along Highway 17 are constantly reminded of Lewis Figone's favorite subject.

"Billy Ball is back" flashes the huge sign adjacent to Golden Gate Fields. "He runs, April 23 in Cal Derby," continues the message board.

Figone, who lives in El Cerrito, has come a long way from his days of dealing with that city's garbage.

Being co-owner of the now famous three-year-old gray colt may take him a long way from the Albany track also, He may end up in Churchill Downs, watching Billy Ball take a run for the roses at the Kentucky Derby.

Figone now owns Bay Cities Refuse Service, a garbage company that serves Kensington and Sausalito from the Parr Boulevard head-quarters in San Pablo. He was always interested in the race track and followed the horses closely after getting off work in the early afternoon.

and Rich Granzella, owner of Richmond Samuales.

of the horse.

Last Wednesday, Figone went to watch his gray colt go through a full workout in preparation for Saturday's 65th running of the \$175,000 California Derby. Between the second and third races of Wednesday's program, the track announcer asked for everyone's attention.

Billy Ball took center stage for his workout and the fans loved it. Kids screamed out "Billy Ball" while adults pointed and gawked. The undefeated horse has become a Bay Area sports hero.

Regular jockey J.R. Anderson guided Billy Ball through the Cal Derby distance of a mile and an eighth and finished in 1:53.3.

The crowd buzzed at the sight of Billy Ball's powerful strides.

(Continued on Page 2

ports

Horsing racing fans cheer on Billy Ball

(Continued from Page 1)
Trainer Ross Brinson watched closely and was pleased with the brisk

romp.

'J.R. said he wasn't getting tired. He had a good run on a slow track today. We figure to have one more good workout before the Derby. We'll make it just like the race," Brinson said.

The amazing thing about Billy Ball is what Brinson describes as a "million dollar personality." While he is washed down and his front legs wrapped in cold cloth, Billy Ball appears totally relaxed.

"He is so calm. Nothing ever bothers him," Figone said. "Ninety percent of a good horse is the disposition and he has a great one."

Billy Ball's first race was also a great one. It was Jan. 29 and when the gates opened, Billy Ball was left at the post on a muddy track. "I've never seen a horse make up so much ground on a muddy track. He must have come from 14 or 15 lengths back and he won by three lengths.

ths.

He won again at the Golden Bear Stakes on Feb. 8 and added ornies on Feb. 24 and April 2 in tuning up for the Cal Derby.

While Billy Ball is calm, the man he was named for is usually not, cially when his New York Yankees aren't on the long end of a

see the first race. I've always wanted to name a horse after him," Figone said.

"Billy is a great guy unless you get sarcastic with him or give him a bad time. Then you better look out."

Figone bought his first horse in 1958 (Frau), which won the first two races it entered. But Figone learned quickly about racing when he raced Frau a little too hard and a little early. 'I didn't really know what I was doing. I didn't listen to the trainer at all," he recalled.

He lost Frau in a claiming race and eventually bought Billy Ball's mom, Rukann. Rukann sired Billy Ball by Shady Fellow and the resould soon be horse racing history.

It almost didn't include Figone, though. 'I was getting a little disgusted with racing (Figone had lost a couple of quality horses to health problems and wasn't sure if wanted to keep it up). We put him up for auction at the Cow Palace and was asking \$22,500 but the highest bid was \$19,500. We almost lost him,' he said.

Billy Ball has to win the Cal Derby in order for Figone to send him to the Kentucky Derby, "We might try the Preakness if we don't win the Cal Derby, but we have to win to go to the Kentucky Derby," he said.

said.

Billy Ball has won \$66,000 and Rukann, now 12 years old, is commanding excellent breeder fees back in Kentucky.

Figone goes to the track every day to check on his beloved horse. He is like a nervous mother when around him. "You never know what can happen," he said. "I go every day because I want to make sure everything is going well."

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Carl's Jr. site of protest

"We need to step forward and make decisions," he said, calling it "the great American tradition."

"We, along with many businesses, have been concerned about the conflicting interpretations of countless rules," he said. He mentioned as an example a rule requiring a worker to wear earplugs as protection against noise, and another requiring workers to be able to hear warning bells.

Elliot said the company donates money to youth and health organiza-tions. "We believe we have to return to the community some of what we draw out. We believe we are respon-sible for contributing to the civic well-being of a community."

Specifically, he noted that the company donated to the United Way in every community in which there is a Carl's Jr. restaurant.

The fast food chain has been involved in controversy elsewhere in the East Bay, as the company attempts to open a store at 2560 Bancroft Way in Berkeley. Protests have centered both on the company's politics as well as on neighborhood objections to a fast food emporium in its midst. The matter was referred to the Berkeley City Council, which plans a public hearing on the issue.

TRAVEL SPECIALISTS

OF BERKELEY

Recreating the world for T

nilosophy and systematic theology.

on't ask me why."

His recent interest in electronics
ems from a fascination with the
primal kind of material energy" of

"primal kind of material energy" of the electron.
"A good analogy is a painter," he said. "He uses canvas, brushes and paints. A video producer composes with electronics. I see connections between the physics of it and the result that is produced.
"TV changes reality," he said. "Something happens between the process of recording it and actually seeing it. I've seen it especially with mainstream network news, and with the Vietnam war coverage. Before TV, bringing that immediate of an experience to you was unthinkable."
Before he began working with video, Ferguson wrote a script for a satire about TV called "Videophilia."
It turned out to be rather elaborate and too expensive to produce, but it started him on his career in television.
"I began to think about the effect

Video fai

sell and swap equipment about the latest technic and computer consults available to give advice design a system.

"They'll show how video system, what to ke how not to get ripped a caid.

P.E. class Parents want an early

(Continued from Page 1)

Ciarrocchi. Several other people also called the plan "elitist."
Supporters, some shaking their heads in disbelief, argued that if it was elitist to want a good education for their children, then they were elitist.
"The main point is that the board should not deprive any student of a

Barraza.

Lau said he was condequality. Harrison said lenge "might string through the courts for years."

Around city hall

(Continued from Page 1)

"consensus politics."

Consensus politics, as practiced in Albany, has the following three elements:

• Extensive "lobbying" among council members before the public meeting (usually on a one-to-one basis, although there have been exceptions). In this manner, the losers know they have lost before the meeting and at the council meeting they usually look for concessions from the majority on peripheral points rather than debating the principal issues.

• A willingness of the majority to make extensive amendments on peripheral points in order to accommodate the losers and obtain the consensus necessary for a 5-0 vote. (The one notable exception to this is the recently enacted civil service ordinance, where the majority refused to even correct obvious grammatical errors pointed out by a

Library

friends 'see' Pacific

KENSINGTON — "Ex-ploring the Pacific by Book and Boat" is the subject of the annual community night to be presented by the Friends of the Kensington Library on Thursday, April 21, at the library, 61 Ar-lington Aye.

member of the public.)

• A large number of social contacts as council members and others active on the point council members of the public debate on majuscus. In recent months, members of the public active of the public debate on majuscus of the public debate on the point consensus politics often laws to the appearance of meetings are orchestrated.

• Violation of the spirit of the Brown Ast.
• A council member who refuses to public lobbying and social contacts finds himself lines out of the real decision-making process and a social insults.

• The extensive compromising necessary consensus results in the absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions in short, there is an absence of any cleared in council actions. In short, there is an absence of any cleared in council actions in the absence of any cleared in council actions. In short, there is an absence of any cleared in council actions in the absence of any cleared in council actions. In short, there is an absence of any cleared in council actions in the absence of any cleared in council actions. In the absence of any cleared in council actions and council actions and council actions. The action action action and action and action action action and action action action action action. The action action action action action action action action and action action action action action.

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Crestmont School plans its authors' night



Editors (from left) Jean Wilkinson, Phyllis Koppelman and Lyn Reese

Crestmont School will hold its 11th annual au-thors' night and booksale on Saturday, April 23, 7:30 p.m. at the school, 6226 Arlington glyd., Richmond.

Berkeley author Bernie Zilbergeld will talk aout is new book "The Shrinking of America: Myths of Psychological Change." In this book, he discusses the American obsession with personal change and

he American Usessol of the post of Lyn psychotherapy.

A second featured book will be the work of Lyn Ress, lean Wilkinson and Phylis Sheon Koppelman, entitled "I'm on my way running: women speak on coming of age."

The book is a compilation of stories, journal articles, poems and songs that celebrate the passage from girlhood to womanhood. The three editors helped to develop the women's studies program in

the Berkeley Unified School District and each has written or coedited other books.

Frank Harris, whose book, "Games," is now in its 5th printing, will discuss the book and give a demonstration. He has been a member of the Eastern Cooperative School for 26 years.

Rounding out the evening will be poet David Meltzer. His credits include "Tens: Selected Poems," "Two Way Mirror: A Poetry Notebook" and "Birth."

Door prizes include a hand-sewn quilt made by the children, parents and teachers of the school, along with gifts and certificates from the Hotel Macrestaurant, Hs. Lordships, Park Place Restaurant, Ben Franklin Books, Funny Farms, an attorney, nursery and others. Tickets stubs are also good for \$2 off pizza at Round Table Pizza.

Tickets are on sale at Ben Franklin Books, 1361 Solano Ave., Albany and 1600 Shattuck Ave., Berkeley, and can be obtained by calling the school at 237-4164. A donation of \$1 in advance or \$1.50 at the door is requested.

City mulls public safety cuts

(Continued from Page 1)
atax election offering voters the to maintain the present level

problem"— the fact that the budget must be fixed by June and the next election is not until November. Kruse noted that there is not enough time to hold a special elec-tion, which would be costly in any

Chuck E. Cheese: no appeals filed yet

ELCERRITO — The question of an appeal of the improvements of a use permit for a at Chesse Pizza Time Theatre at the El Cerrito Immanis up in the air.

Therday is the deadline for such an appeal, and as of also morning, none had materialized.

The dimmunity Services director Jean Smith said Monday the was surprised on two counts.

Kindergarten registrations slated

ing vaccinations, immunizations, and childhood

fication of the dates of immunizations for polio, (rubeola), DPT, mumps and rubella (German for each kindergarten child is required. No child odditionally enter kindergarten next fall without ations. School nurses will be present to assist par-to check medical information.

Crime poster winners set

EL CERRITO — The El Cerrito Citizens' Crime mion Committee will award cash prizes to the windis an annual poster contest at the El Cerrito police wo Saturday, April 23, at noon.

The posters, the handiwork of local schoolchildren, wo display at the station during the day from 9 a.m.

embers also will be there to provide police and fire departments.



Have fun, your new furniture crates have just arrived.



527-1511 38: Mon.-Set. 9:30 to 5:30



Albany — The Albany Unified School District will the children are eligible for public school kindergarten in the fall of 1983 on the sky, May 3, from 1:30 to 3:30 p.m.

Caldren may be registered at Vista, Cornell or Marin with However, all University Village children are to be skeed at the Albany Children's Center, which will be several years of pre-school experience.

The district cannot accept registration for children who are younger than that age even though the child may have had several years of pre-school experience.

The district said an accurate spring registration is important for planning next year's kindergarten if the child will be five years of age on or before Dec. 2. The district cannot accept registration for children who are younger than that age even though the child may have had several years of pre-school experience.

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Is gifted program elitist?

RUSD permits students to pick their schools

By DON MCCORMACK

The Richmond Unified School Board has again revised its program for highly intelligent junior high students, allowing them to attend the schools of their

whe Richmond Unified School Board has again revised its program for highly intelligent junior high students, allowing them to attend the schools of their choice.

Voting 3-1, the board last week dropped its plan, adopted last month, to cluster gifted students at Portola, Crespi and Adams Junior Highs and curtail or drop gifted programs at Helms, Downer and Pinole Junior High schools. Previously, students were required to attend neighborhood schools.

The effects of open enrollment, however, may bring the same results as clustering: a shift of gifted students to Portola, Crespi and Adams, a decline of the program in the remaining schools. The board will review enrollments in May to see if an exodus develops.

The board was accused of elitism for making the revision and implored to let the children get the best education possible.

"Does equal opportunity require holding back the most able students," asked parent Ann Holmquist, who said she favored more clustering of the highly intelligent.

Gail Vaughn, who favored keeping gifted programs intact at all junior highs, asked, "Would it not be better to put effort into improving these schools." rather than disrupting the high achievers and gifted children...?"

About 10 percent of students in the Richmond Unified School District are classified as "gifted." About 90 percent of these students have taken tests indicating they have IQs of 132 and above and the rest, in some way, have demonstrated high intelligence, said Hal Magarian head of the gifted program.

These students now are clustered at certain schools: Portola in El Cerrito has 183; Crespi in El Sobrante, 225; Adams in the Richmond hills, 143. Pinole Junior High has 75, Downer in Richmond, 62, and Helms in San Pablo, 45, according to district statistics.

Richmond Unified assigns students to their schools, using residency as a guide. Exceptions are made for racial balance and for babysitter convenience — and, now, intel-

Coming up

Workshop slated on discipline for teens

EL CERRITO — The Tenaya Center will offer a workshop here for parents on "Discipline issues and your teenage children — an evening discussion" on Thursday, April 21, at 7 p.m. at the Northminster Presbyterian Church, 545 Ashbury Ave.

The Tenaya Center has been in operation, doing family, and adolescent counseling, for two years.

Co-directors Greta Sholachman, a licensed marriage, family and child therapist, and Miriam Levine, a licensed clinical social worker, have their office at 1057 Solano Ave., Albany. A \$1.50 donation is requested. No pre-registration necessary.

Times Journal classified ads Call 525-2644

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slated for arthritics

Water exercise class

ALBANY — The Northern California Chapter of the rthritis Foundation and the Rosalind Russell Arthritis enter are again presenting an arthritis water exercise class the Albany Pool.

The class will be held every Wednesday afternoon, for

Center are again presenting an arthritis water exercise class at the Albany Pool.

The class will be held every Wednesday afternoon, for seven weeks, from 2 to 2:45 p.m, begining May 4. The pool is located at 1311 Portland Ave.

Charge for the seven week series is \$27.

"It's important that people with arthritis exercise.
Otherwise, they will begin to lose range of motion in their affected joints," said class instructor Naomi Rudo, an experienced leader of many pool exercise programs.

The ability to swim is not required. The exercise done in the course of the classes is not therapeutic and cannot be substituted for physical therapy.

Carol Simpson, a registered physical therapist, will again serve as class advisor. Anyone interested should contact the Arthritis Foundation's Program Department at 974-1566. Class size is limited.

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ALBANY
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Special Events
Art show. Variety of work, created by the Vista art class, under the instruction of Kim Thoman. Yountville trip, "Vintage 1870." Visit old winery made into shops. No-host luncheon, \$12/person. Leave center 9:30 a.m., Friday, April 22, return 5 p.m. Marcy Alancraig will give a reading of her work, followed by a potluck, Saturday, April 23, 12:30 p.m. Blood pressure clinic, Monday, April 25, 1-3:30 p.m. Starting April 26, beauty service: hair dressing, manicures and facials, every Thursday mornig, starting at 10. Reasonable charge, call for appointment.

TV SPECIAL!

3:30 p.m.

Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 1 0 a.m.

April 24. Wonder Valley and Yosemite, \$186 per person, double or twin occupancy, \$226 single.

June 9-22, Portland Rose Festival and Canada, \$970 per person double or twin occupancy, \$1140 single.

Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions.

Menus
The nutrition site meal is served at 4 p.a. reservations are required. The suggested minition for seniors is \$1 plus 50 cents; \$3.50 for pa. age 60. Monthly menus are available.
April 20, chicken; April 21, liver; April 25 steak; April 25, cheeseburger; April 26, chicken

Denote the property of the pro

Fridays: 9 a.m. to noon, barber; 9:30 cash bingo, 1:30-3:30 p.m.

Christ Lutheran Mondays, 9 a.m.-2 p.m. at 780

Mondays, 9 a.m.-2 p.m. at 780 A Stockton.
Craft classes (pressed flower statio jewelry, weaving) are taught in the morni noon. Afternoon program of information munity singing, sit-down exercises and fo The program is co-sponsored by the fied School Adult Education program.

St. John's Center

For El Cerrito residents 60 or over. Mee combs Building, 6510 Gladys St., Tuesdays 2 p.m. Phone Tuesday only 234-2797 or cen Gans at 529-1114.

The Center is part of the Richmond Education Program. 9 a.m., crafts; noon, fr lectures. After lunch, the group has come sitdown exercises and folkdancing until 2 p. The April 26 program will feature Dr. of the San Francisco Eye Institute, who with crosurgery of cataracts. With him will bet Brown and Ellie Trengali, community relative Eye Foundation of California.

Community Center Monday, 6-9 p.m. at El Cerrito Common Monday, 6-9 p.m. at government of the Special programs. For information call 525-Senior Citizens Clab

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(Continued on Page 6)

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Tuesday: current world problems, 10 a.m. to noon; creative widowhood, no fee, 10 a.m.; English as a Second Language, 1 p.m.; folk & square dancing basics, 1 p.m.

Wednesday: current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m.; Tai Chi, 1:30 p.m.

Thursday: group walking, 10 a.m.

Saturday: creative writing and poetry, 10 a.m.-1 p.m.

Continuing Events
Barber service, Thursday 9 a.m. - noon. Donation re-

quested.

Bingo, Thursday and Saturday, 10:30 a.m. Singalong,
Thursday, 11:30 a.m.; bridge, Friday, noon-3 p.m.
Cards and conversation, Thursday, noon-5 p.m.; Sat-

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AHS bands plan 1983 concert



Albany High drum major Bonnie Minoggio (left), principal John Marlowe, soloist David Sandri and flag girl Margaret Wright

hurches

ALBANY

Berkeley Buddhist Priory

The priory opened recently at 1358 Marin Ave. (near Santa Fe) in Albany. The prior, the Rev. Teigan Stevens, invites the public to attend meditation periods and services Tuesday through Sunday.

Beginner's retreats are held the first Sunday of the month from 9 a.m. to to 4 p.m. and includes a vegetarian lunch. Classes in basic Buddhism will be held in the upcoming months. A small gift shop and library also are available. For more details, call 528-2139.

The priory is affiliated with Shasta Abbey, a Zen Buddhist seminary and monastery in Mount Shasta, Calif., founded in 1970 by the Rev. Roshi Jiyu Kennett.

Church of Christ
Sunday services: Bible study at 10 a.m., worship at 11
with the Rev. Max Crumley, Sr., minister. Wednesday
Bible study at 7:30 p.m.
The church is located at 1370 Marin Ave., Albany.

First Baptist Church of Albany
On Wednesday April 20 (tonight) the home Bible
group meets at 7:30 p.m. at 806 San Carlos, Al-

bany.

On Thursday, April 21, the ABW will meet from 10
a.m. to 2 p.m. for a work day. Bring a bag lunch. Coffee
and dessert will be provided.

Sunday at 9:30 a.m., church school classes will be held
Workins scripe will be held with Pastor Alan

Monday at 7:30 p.m. the prayer fellowship will meet in the church.

Monday at 7:30 p.m. the prayer study group will meet at 922 Neilson St. Young marrieds will meet at 832 Lexington Ave., El Cerrito, at 7:30 p.m.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

St. Alban's Espicopal Church
On April 20 at 11:30 a.m. the Rev. Warren Debenham
conducts a service of Holy Communion and the laying on of
hands for those who are pryaing for healing, mental or
physical.
The church is located at 1501 Washington Ave., Albany. Phone 525-1716.

Tea dance scheduled

CERRITO — An agoftea dancing in El will be held April

7 p.m.
e dance, at the comity center, 7007
er Lane starts with a
ners lesson at 7 p.m.
dvanced variation will
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aught at 8.
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uck with Olga Bier

Meals for one or two

cooking for one or two does present some problems unless lanning takes place. That is, unless you wish to fall into ne cottage cheese-fruit-tea-and peanut butter syndrome, ou must think ahead. After all, for whatever reason you re cooking for one or two instead of a houseful, you are ne of the diners and you deserve the best. So plan for

it.

This is the premise of my presentations to groups of older singles, but it should hold true for anyone. Sometimes a reminder is in order to point out that there is a reason to plan attractive and nourishing meals whether you are no longer cooking for a family or just starting on your own or newly married. Of course, there's nothing wrong with cottage cheese, etc. It's just that you deserve more exciting meals.

with cottage cheese, etc. It's just that you can be exciting meals.

At the older end of the scale, we may have the time, but not the energy or desire to spend time in the kitchen. At the beginning end, young people have the energy and interest but not enough time to fit in shopping and cooking after school or after working all day. Cooking for one or two can still be creative without being too demanding. By cooking enough to use for several meals during one stint in the kitchen, we can plan interesting variations of one food.

One-two-three cooking

For instance, using one chicken for two, three different ways can produce chicken soup and salad for one meal, stuffed chicken legs for another, and curried chicken breasts on rice for another. (You may remember these from previous columns.)

How about hamburger? Prepare enough meatballs from two pounds of ground beef, divide the into four portions and freeze the unused portions for a variety of dishes. Here's a "for instance:"

Basic meatballs

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lbs. ground beef slices of bread, crumbled (or use 1 c. oatmeal)

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1/2 c. milk
minced onion
eggs
t. salt

combine all ingredients and mix well. Shape into 48 small meatballs, about 1 inch in diameter. Place in a baking sheet with low sides and brown in 375-degree oven for 25 to 30 minutes. Don't overcook. Divide into four portions and wrap them separately for freezing. Serve the first batch in barbecue sauce.

Barbecued meatballs

½ cup catsup
2 T. butter
2 T. honey
1 T. vinegar
2 T. water
Combine and simmer uncovered for 15 minutes to develop flavor and to reduce and thicken a bit. Add one package of the meatballs and heat thoroughly. Serve over English muffins or half a crusty French roll with some raw vegetables. End up with fruit and cheese.

Meathall stroganoff

1. Saute a small amount of minced onion in 2 T. but

smooth.

3. Add 1 T. sherry and 1 T. catsup and bring to a gentle bubble, stirring constantly.

4. Add a portion of the meatballs (could still be frozen) and cook together over low heat about 10 minutes.

5. Stir in 4 c. sour cream and reheat but do not boil. Serve over hot cooked noodles.

This version served with a few stalks of steamed asparagus, a lettuce wedge with your favorite dressing, and a scoop of sherbet makes a pretty and special meal.

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Want a "zippy" flavor for another batch of meatballs? Let's go German with:

Sauerbraten sauce

No. water

1 beef bouillon cube (or 1 t. powdered bouillon)

3 T. brown sugar

2 T. raisins

2 T. lemon juice

% c. crushed gingersnnaps

Dissolve bouillon in water and bring to boil. Add remaining ingredients and stir and cook long enough to blend the gingersnaps smoothly. Add meatballs and cook, covered, over low heat about 15 minutes. Serve over fluffy hot rice.

rice.
Complete this meal with some lightly steamed, shred cabbage and a fruited gelatin salad. Have some chococake for dessert. Wonderbar!
In a hurry? Use up your last batch of meatballs in:

Quickie spaghetti

2 T. chopped onion
2 T. chopped green pepper
2 T. grated carrot
2 T. grated celery

d:

1 small can (1 c.) tomatoes, cut up

½ c. tomato sauce
Chopped mushrooms (canned or fresh, sliced)
1 t. brown sugar
Pinch of oregano, basil and garlic salt
Add the meatballs to the mixture and simmer uncode for 20 to 30 minutes while you cook some spaghetti, we with plenty of grated Parmesan cheese. Have some en salad, several bread sticks, a glass of red wine and the fresh fruit with a slice of angel cake. Now that's Ital-

Mushroom report

During a presentation last week, someone asked me pout the nutritional value of mushrooms. One cup of icced, fresh mushrooms contains only 20 calories but plen-of fiber and B vitamins. They are low in sodium but high potassium and are a good source of trace minerals, cal-



Olga Bier is a teacher, author an Anyone with questions or suggestions reach her in care of the Times Journal Albany 94706.

Mail bag

Let's clean up

means it's time for another community we clean-up of an unsightly area.

This time let's try to clean the planted are Marin Avenue from San Pablo west to the overpulation work or less should complete the job. Solety 9 a.m., Saturday, April 23 at the corner of Marin Pablo.

Come prepared for the sun by spreading a mellotion on your face and arms and wear a hat. Also, you carry gloves, a sharp stick to spear debria a garbage can liners.

Mark your calendar fo the 23rd and I'll see you Thanks.

Senior centers

(Continued from Page 4)
Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, on cises, ceramics, "shigin" (poetry singing) and Soci ty available. For information: William Waki, 525

KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. gi
fington Ave. Morning meditation. Workshops is
table games bridge. Special programs after lunds a
bridge, clothing alteration class.

First Thursday, potluck lunch. Donate a fools
pay \$1.50. For the rest of the month, lunch of suc
cake and coffee is \$.75.

April 21, Leo Vuosalo will discuss Europe is
April 28, open meeting.

EAST BAY

North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open as
8 a.m. to 4:30 p.m., gift shop opens at 10.
The Street Law Project will present a seins
discussions on Fridays at 1 p.m. in April. Topia
wills, trusts and conservatorships; complaints as
government; landlord-tenant disputes; consumer
rights of crime victims.

Blood pressure and health counselling, Tw
April 26, 9-11:30 a.m.

Richmond Annex Center
5801 Huntington Ave., Richmond. Op
through Friday. Weekday drop-in lounge, 9a.
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Telling stories for television: some tall tales

By PATRICK KEEFFE

ENSINGTON — Stanley Greenberg is a storyteller, but instead of telling his tales around a campfire or at a child's bedside, he tells them on film.

He's been doing that successfully for 23 years. The work of the 55-year-old Kensington resident has been critically acclaimed as some of the best dramatic and historical

levision.

you call yourself a storyteller, you join a traes back to the first stirrings of man," Greentories tell the meaning of life."

to tell stories about "great people working
odds, important stories, elevating stories that

o"great stories" have been told again in just the he said. The modern one is about Martin Luther the 15th anniversary of his assassination. s not just facts anymore, he's a story," Greenberg d his story has evolved into something quite difm 15 years ago. I've watched the news stories in the days and they don't show the same speech

years ago they would have showed the 'I have a seech, about the day when black kids and white d go to school together. It was optimistic. Now the speech he made the night before he was hen he compared himself to Moses. He said he ive to see the culmination of his dream, but that en the promised land. The story is much more today."

second story was of Easter, which he said

one did most people commemorate? There's tory and Mark and Luke and John. None of people celebrated the fifth one, the one in their amalgam of all the others and their own

aberg said he is fascinated by the way myths recur and cited the first story that was actually written he ancient tale of Gilgamesh, by the Sumerians,

l writing.
sh, an old Sumerian king who was near death, in his canoe down the river towards his city. Ilgamesh never gets there, he just gets a last like Moses and Martin Luther King.' org didn't start his screenwriting career until hat time he was the midwestern director for based American Zionist Council, which proties between the American Jewish community

he read an article about a television producer ing writers for a show about lawyers — "The He wrote a script over the weekend and sent it is later, the producer asked for more, the show a lot," he recalled. "It was about an

the show a lot," he recalled. "It was about an da young lawyer and they dealt with cases was a moral or ethical principle at stake: how m of speech go? Did people have a right to be or fascists? The right to have an abortion? eren't discussed very much in those days, parelevision."

evision."
for another series in the 1960s called "East
e," which starred George C. Scott as a social
v York City: "I was writing about issues I
rey important. That's real storytelling."
hing he likes about his craft is being able to
about history."

I fining ne likes around in a three habout history."

Ty is so opposite from what we learned in said. "My kids were reading about the settling a for a history class. So I took them to visit a, e woman there told us that the Indians lived anted crops and everybody lived happily. d, 'where are the Indians?' and she pointed to y. Not a single kid in California learns that we indians. Once I discovered the truth about history that was true."

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Stanley Greenberg

Naked City," "Route 66," "The Nurses," and "The Du-Pont Show of Shows."

In the early 1970s, he wrote a play called "Pueblo," about the capture of an American naval spy ship by the North Koreans. When the ship's commander and his 103 men were released from prison and returned to the U.S., "they were promptly put on trial for violating the code of military conduct — they abandoned their ship without a fight."

military conduct — they abandoned their ship without a fight.

"People loved the play, so we did it for TV and I concluded that the world wanted me to write history. The world being ABC, NBC and CBS."

Greenberg also wrote "The Missiles of October," about the late President Kennedy and the Cuban missile crisis; "The Silence," about a West Point cheating scandal; the mini-series "Blind Ambition," based on John Dean's book about the Nixon White House; and in the past few years, "FDR: The Last Year;" and "The Day the Bubble Burst," about the 1929 stock market crash. He also wrote two feature films, "Skyjacked" and "Soylent Green."

Some people ask him why he wrote a film about the final year of Franklin D. Roosevelt's life.

"He was a man of enormous power, confronting the end of the war in Europe, the birth of the United Nations, the growth of Soviet expansionism and fighting with death itself. Everything in the play is true, and it's also a great story. One man against the implacable forces of history."

He wrote about the Cuban missile crisis for the same reason:

"Kennedy and Khrushchev held the fate of the world."

reason:

"Kennedy and Khrushchev held the fate of the world in their hands. We were on the edge of a nuclear war.

"We're on the edge of a nuclear war now and if I didn't have writer's block, I'd be writing that story right now. Why isn't somebody writing that story today?"

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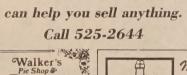
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TV and video games:

An El Cerrito teenager takes on 'Starcade'

strangely electronic.

Amidst the commotion, 16-year-old
John Lowry of El Cerrito smiled and
rubbed his hands together. Then he turned
and began hitting the buttons of a control
rangel.

nel.

Lowry a junior at Salesian High School, as not preparing to blast off into space on a Starship Enterprise. But he was about embark on an adventure that would rejer every bit of his four years of train-

durie every bit of his four years of training.

Lowry was competing on Starcade, an electronic marriage of television and video games. He was one of eight contestants on four shows that- were taped recently at Bridgeway Studios in San Francisco.

The voice of Spock echoing through the studio came from the arcade version of "Star Trek," which Lowry had selected as the first game he would play against his opponent, Sara Conrad, a 39-year-old Fremont pharmacist, and mother.

"I've been playing video games since I was 12," said Lowry. "I saw Starcade on television one day when I was home sick from school, and I said, 'This is a piece of cake."

Lowry, a member of Salesian's tennis team, said he had become a contestant because, "I like to compete, I like to play, and I like to win." oments before the cameras

and I like to win."

But moments before the cameras rolled, he shurgged and admitted being "a little nervous." "I'm just taking it in stride. I'm really here to have fun."

Lowry and Conrad competed on half-hour show by answering question about, and playing, video games. The contestant with the highest score after four rounds, plays one more round to garner points for the grand prize, a \$2,000 Wacko game.

Starcade host March Richards asked the first questin: "Bump and Jump is a game about...?"

Lowry shpped benner, losing to Conrae o, 575 to 2,250.

After the cameras turned off, he turned to the audience: "I feel horrible."

Lowry came back in the second round, playing Millipede, with 12,243 points to Conrad's 6,124. But a tally of both rounds showed he still trailed by 206 points.

Contrad won rounds three and four-and by the end of the show she had won a \$900 home computer and a \$400 motocross bike.

Lowry, trying to conceal his disappointment, said, "I don't know what happened in that first game."

"The only thing that helps is practicing."

goes. He also plays his parents on his home computer system.

Although video games have recently been installed at Salesian High, Lowry said he doesn't play at the school.

"They're too outdated," he said.

Lowry didn't come away from Starcade empty-handed. Although the gleaming "WACKO" eluded him, his \$150 in consolation prizes included a desk-top calculator, a "joystick," and a year's subscription to "Electronic Fun Magazine."

But "WACKO" is what he wants; he's going to reapply to the show.

"Next time I'll know what to do." He grins.

grins.
"I shall return."
No broadcast date has been set for the starcade show featuring Lowry, but it will be aired between the end of March and the beginning of June.
The show is televised via Atlanta Super Station WTBS (Cable Channel 17) on Mondays at 2:30 p.m.

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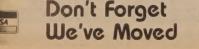
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6 FT. Reg. 21.95 1799

SAVE \$10

16 FT. ALUMINUM EXTENSION LADDER Comp. 64.95 **39**Reg. 49.99 **39**





KINGSFORD CHARCOAL **3.41 VALUE** 10-LB. BAG



HAS THE BIGGEST SELECTION OF U.S.D.A. CHOICE MEATS



USDA CHOICE BEEF



AT PARK & SHOP EVERY STEAK, EVERY CHOP, EVERY ROAST OF BEEF, LAMB OR VEAL IS USDA CHOICE GRADE . THAT'S YOUR ASSURANCE OF TENDER, JUICY, FULL-FLAVOR MEATS

EXCLUSIVELY FRESH CALIFORNIA GROWN FRYERS

BONE-IN CUTS EXCLUSIVELY USDA CHOICE BEEF LB

6-PAK 16-0Z. BTLS

USDA USDA CHOICE CHOICE Famous PARK and SHOP Trim For Better Value!

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FRESH

CHUCK FRESH

FRYER

DRUMS

HOT

DOGS

SOLE

ARMOUR

ENGLISH

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CALIF. GRO

OR BEEF YOUR CHOICE

FRESH PAN READY

FRYER THIGHS LB. \$1.09

GROUND

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QUALITY **GUARANTEED**

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BONELESS

LB.

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STEW FULLY COOKED HOLE OR SHANK HALF VICTOR SMOKED HAMS VICTOR CENTER HAM FULLY

STEAKS FANCY SLICED BACON SLICED

HAM

BEEF

DAK SUPER LEAN 4-OZ. PKG IMPORTED

49-0Z. PKG

VALUE Celery 0 10¾-0Z. TIN

VALUE

(risco

3-LB. TIN

EHHS

DOZEN

FARM FRESH PRODUCE

BANANAS



CHIQUITA OR DOLE

B8

MUSHROOMS

POTATOES

TOMATOES

CUCUMBERS

29¢

FIRM 'N RIPE LARGE SIZE

C LB.

PEARS

39

40-CT. \$1.29

50-0Z. PKG. \$2.69

VALUE 0 22-0Z. JAR

SAVE 2-LITER BTL

LOW, LOW DAIRY

ARM BEST CREAMERY BUTTER

DAIRY MAID BLEND MARGARINE

CHALLENGE CREAMER

SONOMA JACK CHEESE PLAIN, GARLIC, HOT PEPPER, 30 OFF PKG RANDOM WT. LOW, LOW FROZEN



BANOUET PIE SHELLS 69

SARA LEE LAYER CAKES NOZEN FUDGE NUT, STRAWBERRY SOME STATE OF STREET STATE OF STRE

SWANSON FROZEN ENTREES 99 FURKEY (8%-OZ.), FISH & CHIPS 5-OZ.) \$1.09 VALUE FLAV-R-PAC ORANGE JUICE

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\$1.65 VALUE

32-0Z. \$1.79 MJB INSTANT COFFEE

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ERA PLUS

10-0Z. JAR \$3.09

CLEAN & SMOOTH LIQUID SOAP 101/2-0Z. 99°

ELECTRASOL DISHWASHING DETERGENT AUTOMATIC \$2.65 VALUE 50-0Z. \$2.39

LOW, LOW LIQUOR SEBASTIANI MOUNTAIN \$3.19 WINE ⁵8.99 SCOTCH 750 ML H GRAND AFFAIR BRANDY NAPOLEON \$5.49 PARK & SHOP \$7.19 VODKA 80° 1.75 1 BACARDI RUM 80° LITER LIGHT/AMRER

§6.49 GORDON §9.99 GIN

ARM & HAMMER DETERGENT 54-0Z. PKG. \$1.09

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HI-C DRINK IN BOX

ORANGE, GRAPE, PUNCH 3-PAK PKG. 79

VAN DE KAMP'S CHOCOLATE CHIP SNACKS \$1.79

MUFFIN LOAF

95°

WHITE ENGLISH

COLGATE INSTANT SHAVE CREAM 11-0Z. \$1.19 1.39 VALUE

79°

LISTERINE MOUTH WASH \$2.99 32-0Z. BTL.

CINNAMON GRAHAM TREATS

CES SAVE YOU MORE!
1850 SOLANO AVE. • BERKELEY • 2655 TELEGRAPH AVE RICES

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237-1111

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DENTAL Assistant. Paid benefits include: 2 weeks vacation, 10 holidays, Kaiser Health Plan, profil & pension sharing. To paslary for hard worker. 23-0651, ask for Virginia.

DIRECTOR of Community Centre, exper nec. in community needs. Salary + benefits. Send resume to community needs. Salary + benefits. Send resume to 25 Windward Ave. Rodeo. 94564.

DRY Cleaner, Exper. 40

DRY Cleaner, Exper. 40 hr/wk. Guaranteed, qual-ity plant, top wages. 454-1353 for appointment

WOMANS Gold Ring w/biue "Opal" stone. Reward. \$500. 841-2532

LOST Pitbull: Brindle & white, ears cropped, male. Reward 222-0815

DOBERMAN Seeins Eve dog lost. In vic San Pablo Ave & Tara Hills Dr. Reward. 222-4590 or 223-7530 keep ringling. BROWN & White grey spots, tall too short. 2 front feeth missing. Re-spond only to name Shamus. Fox terrier 222-0474/222-0682

CAT: Young Calico fe-male. Cor. Euclid & Cedar, Berk, Fri 4-15. 527-6132; 848-5256.

PERSONALS 025
FREE Pregnancy
Screening, Abortion Services. Oakland Feminist
Women's Health Center,
44-5676. Every Woman's
Clinic in Pleasant Hill, Spiritual Psychic

Opiniual Psychic Good pitted powers, I give advice on love, marriage & business. Break evil habits & bad lock.
763-8588 S2.00
WOMEN!
How much do you know about birth control?
Have you ever heard of a Cervical Cap? Available at 3 Bay Area clinics. For information call 444-5676 or 825-7900.

DIVORCE HELP 526-5651

040 SPECIAL NOTICES 037 HELP WANTED

RENO BUS TOUR Call DINCO TOURS
El Cerrito 527-2175

THE unconscious, sub-conscious or reactive mind underlies and en-slaves man. It's the source of your night-mares, unreasonable fears, upsets and any in-security.

Rodeo vic. Child's pet, Rodeo vic. Child's pet, Reward. 79-1998.

DOBERMAN Seeing Eve dog ost. In vic San Pablo Ave & Tara Hills Dr. Reward. 22-4590 or 223-7530 keep rinsine.

ROWN & White grey ports, tall too short. 2 room teeth missine. Repond only to name sprond only to name sprond only to name sprond only to name of the control teeth missine. Repond only to name sprond only to name sprond only to name sprond only to name of the control teeth missine. Repond only to name of the control teeth missine. Repond only to name of the control teeth missine.

OUND 011

VATCH found in Tassal ara Park, (off Barretti)

VATCH found in Tassal ara Park, (off Barretti)

CALS SICAL Guitar instruction. All levels. Missine is Stan 15 27-4122.

ARLINE AND TRAVEL

AIRLINE AND TRAVEL Aero Career Academy L-825 Oakland Airport 800-852-7777 opr. 542

BANK TELLER TRAINING DAYS, EVES Free Placement Assist CALL 788-4166

Train For Switchboard
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9 wks hotel, hosp., office
No Age Limit Day,Eves
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CALL NOW 788-4166

EXCLNT Care for children 4-10. Day or eves. More info. 653-0158; 655-2456

Mon-FrI. Opening for Ismos-2vro point, \$262-505 |
HELP WANTED 060

DENTAL Assistant Innew modern, efficient of the Assistant Innew modern efficient of the Assistan

HELP WANTED

GECT'Y/ word processer. Growth Co. seeks de-tailed person. Send re-sume to 341 Alcatraz #1, Oak. 94618

WAITRESS WANTED. Part or full-time. Albany. 525-4489

TEMPORARY OR PART TIME

CLERK TYPIST TRAIN-EE. Age 17-34. No exper required. Part time, good pay, fine training, great benefits. Work one weekend each month in Army Re-serve. Call weekdays 10 am to 5 pm. SSG Gauth-ler, 232-5466.

DENTAL hygienist, exper, ambitious, car-ing dental hygienist 3 or 4 days aweek in busy of-fice, 724-2360

A lays sween hours of the property of the prop

OFFICE help, 1-2 days week. Follow-up accounts receivable & make collections. Retiree with collection exper. pref. Write to: CTB P.O. Box 615, sta. A., Richmond, Ca. 94808

A., Richmond, Ca. 94808 RN/ LVN, to do insur-ance, physical, part time. Send resume to Meditest, 1901 South Bascom, Su.1111, Campbell, Ca 95008.

If y plant, fop wages, ds4-1335 for appointment EXPER Dry Cleaning Presser. Must be able to press slik & wool. Quality Plant, fop wages. Call 464-123 for appointment HAPPY STEAK Is now accepting applications partitime wallress & cashier. All shifts available. No phone calls. Apply 10840 San Pablo Ave. El Cerrito.

MEDICAL Receptionist secretary, Berk. Typing & medical terms essential. 84 am. 841-542 NURSES Aide needed to care for elderly lady on night & wknds. Nursing bet, 9:39-5, for appl.

NURSING Assistant, Nursing Det. 9:39-5, for appl.

070

SALESPEOPLE wanted to show the new Sarah Coventry jewelry. 235-5012.

\$3.50/hr+ BONUSES Immediate openings for phone sales in expanding Bay Area office. 654-2632, 1-6 pm.

OFFICE Person, small computer software co. BA degree req. No expernec. 20 hr/flex. 524-8098. 1-6 pm.

SALES, Outdoors. Merchants promotion, high commission. Part time. Apply in person. 12425 San Pablo Av Ste B, Rich

nec. 20 hr/flex. \$24-8098.

OFFICE MGR./ Book-keeper. Consulling firm needs organization. Send resume to 341 Al-catraz #1, Oak. 94618

PASTE-UP ARTIST Full time pasteup artist, 1890/ 352 San Pablo Dam Rd. El Sobrante

PERSON Friday for service dept. Telephone & general secretarial skills he plat or Clara 222-4444

SECRETARY Pablo Av Ste B, Ran-Pablo Av Ste B, Ran-With gen'l sporting goods background to work in well-established Sports Shop. Call 525-1597; 524-1012.

WORK WANTED 07

BERKELEY High School students available for part time work.
CAREER CENTER
644-6190

NURSE'S Aide or domes-tic work wanted. Exper Part time, Mon-Fri 428-1961.

PRO PAINTING. Houses, Apts, excel prep. \$5 hr. Free est. 527-8481.

MUSICAL INSTRUMENTS

PETS & SUPPLIES

TOY Chihuahua puppy chocolate, with papers has 1st shots. Female \$150, 222-6097.

CARPETS, DRAPES AND HOME FURNISHINGS 475

BUNK BEDS: sturdy, incl. mattress and ladder. \$159. Aaron's 653-4706.

BDRM Bureau w/mirrot & Dresser, Early Amer Excel. \$325. Nigh stands, \$20 ea. 527-9446.

MATTRESS sets; firm, clean, sanitized. Twins \$39. Doubles \$59. Queens \$89. Also Serta and Sim-mons. 653-4706. mons. 653-4706.

WATERBEDS, unfinished, \$143. Padded stained, rustic, \$169 ea

shed, \$143. Padded, stained, rustic, \$169 ea. W/bookcase headboard, \$199. Over 50 styles. \$199. Over 50 styles. States, \$19. Over 50 styles. \$199. Over 50 styles. \$199. Over 50 styles. \$199. Over 50 styles. \$199. States, \$199.

NAVAJO RUGS, Indiar lewelry, quality mer chandise. Marriott In Sunday, April 24, 10-5.

MISCELLANEOUS FOR SALE

BEAUTY Shop equip-ment. Retiring owners. 526-8414 9-4 pm.

Chief 15 Printing press Spray Chain Delivery exc cond. Looks new. 724-6077 2 mattress, like new, 34 \$75. Full \$100, 524-7380

TORNADO fussball table \$200 or offer. 758-0351 10-4. Unused.

SAXON 301 copier. Best offer. Make bid. Call Alice or Pat at 524-2455. Mon-Fri., 9 a.m-5 p.m.

76 Toyota mini motor home, extras, 40,000 mi Exc.\$4800; 55 ga drums \$10ea;desk \$15. 223-4729

WASHER, dryer, \$125 ea. 2 refrigs \$150 & \$450. kingsize bdrm set \$200. Excint. 222-1235

455 MISCELLANEOUS FOR SALE

MATTRESS/box spring. Sleeper design, Serta, Factory irregulars 40% to 60% off. Aaron's 653-4706

GRAND OPENING KIRBY Vacuum cleaner, excint condition, must sell, \$150. 234-1887.

FLEA MARKET

LEADERS

DRYER Electric, Wards Excellent condition Call 235-5133 after 4:30.

4 door commer. refrigera-tor \$100; forced air fur-nace some ducting \$100 Best offers. 724-2476.

are rented, 6-28: 222-2722.

TOP_LOATION—EI Cerrito, This 5 bedroom home is near E.C. Plaza, schools & transportation, Owner Will carry loan, 6-29: 232-2081.

EXCLUSIVE HAVENSIDE—EI Cerrito, Immaculate, executive 4 bedroom, 2½- bath, lovely living room with fireplace, sheltered deck, huge rumpus room w/fireplace, ideal for entertaining. Owner will carry, Call for private showing, 6-30, 527-330.

G-30, 327-3303.

EL SOBRANTE: Affordable 2 and 1 home that shows great pride of ownership. Easy access to shopping and freeway, G-31, 222-2722.

NICE CLEAN CONDO—EI Sobrante. 2 bedroom, 1 bath featuring pool, sauna, hof tub. All electric kitchen. Many extras. G-32, 232-7600.

SELLER MOTIVATED—EI Sobrante. Lots potential in his 3+ bedroom home. Very private park like setting. Make an offer. G-33, 232-7600.

2324/2011.

CONVENIENCE PLUS—San Pable. Close to schools, fransportation, shops and Brookside Hospital finds this lovely 2 bedroom home with sunny kitchen. Nicely landscaped, features large rec. room with BQB & fireplace. This home won't last. Gall for defails, G-44. 524-4555.

492 BARGAIN COUNTER 500

WASHER, dryer \$65. each. Refrig. \$75 up. Gas stove \$79 up. 235-4159, 222-3498

WASHER \$100. DRYER \$100. Refrigera tor- frost free, \$175. 222-3852 deliver

WASHERS & DRYERS Refrig's, stoves, freezers JOHN'S APPLIANCE 1096-237d St. Richmond 223-1250. Fully guaran-teed. Free local delivery

RECONDITIONED
HOME APPLIANCES
Completely guaran.
Terms. Free delivery.
Since 1934.
WICK'S APPLIANCES
2617 Shattuck, Berkeley
549-0800

FOR SALE OR RENT
Large stock of new and
reconditioned appliances.
Commercial washers and
dryers. All fully warranted. Check our prices
before you buy.
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APPLIANCES
400 Carison Blvd, Rich.
529-1530
232-2911

15% Off With Ad

BEAUTIFUL Lab & Set-ter mixed. Good with childern, nice pet. 232-7552, 232-2906.

OLLIE Shepherd, male, 6 mo's, cuddly & love-able needs kind home w/ fenced yd. 845-3050

FREE KITTENS to good homes. 3 blacks, 1 gray stripped, plus mother. 540-7934

ICE PLANT

724-414/
LAB MIX MALE, 10
weeks old. Black with
white markings, Some
shots. 524-4551.

525 ALBANY

292 PAINTING



237-111

ARPET/LINOLEUM 169 CUSTOM FURNITURE 183

Carpet, linoleum installarion 169

Carpet, linoleum installario, 19 yrs exper, riree est. 232-7314 eves.

PROFESSIONAL Carpet mem. 15 years, Expert. Call 526-8599

HERE'S a quick and easy way to lay your hands on some cash. Advertise need in Classified. Call all 19 years on the cash and the

CARPENTER, Handy-man. Indoors & out. PERRY 234-5679

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PE

LL kinds of cement work; block, brick landscapins, 327-9788.

RICK blocks, refaining walls, or any kind of cement. Free est.724-4028

172 CONCRETE

GARDENING 253

A-A GARDENING
Pruning, trim, cleanue,
Maint.& haul. 8 yrs exper.
Reas. Free est. 232-8619.

GARDENING-pruning, hauling. Per hr. rate Free estimate. 529-0176.

256

10% Discount All Home Repair. Additions, re-modeled, Lic. 799-0322. ADDITIONS, REMODEL Baths, Klichens, Doors Windows, Foundations Drainage Control. 26 Yrs Lic. 355155, 843-0356

GENERAL Contracting Lic. 392591. Termite con-trol & Inspections. Lic. 6341. All phases of con-struction & remodeling. John, 758-5556.

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Experienced carpentry work. Room additions and kitchen remodeling. Licel 45754. Assist in financing. Free estimate. 23-8499
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JIM HART CONST. Quality-Reliability

ALL home repairs. Lino-leum, tile, Bestile, plumbing, painting (ext., inf), carpentry, Guar. Not lic. Charles Pont 234-395. HANDYMAN carpentry, house repairs, painting, odd jobs, yardwork, Refs. Reds. rates. Tom 842-2897. MEDINA Maint, plumbing, elec. water, gas heat-ers, stows. 25 yrs exp. No lic. Free est. 236-4234.

GREG'S DEPENDABLE Hauling. Trash, bushes, etc. 237-0702. YARD WORK-HAULING & Odd jobs. Free Est. Call Ray, 237-4305.

ATING & PLUMBING repairs. Elec. Snake Plumbing & Heating, 223-5306, 529-1860.

PAINTING Paper ing, finish work, contract, 724-2938

LOVEABLE 'Benii Look-alike 1½ yr male ali shots \$35 good home. 222-3175.

STOVE, electric double oven, copper \$65 233-5774

s175 set. 527-9935
EXTRA Firm Serta mat-fress, spring, head-board, \$75. 19 in Zenith color TV, sood cond, \$50, 524-7587 aff 6.
Dinette set \$80. End fable \$30. Head 360 skis \$40. Beg. skis \$15. Couch \$30. Polaroid 220 camera w/case \$30. 845-4157

\$74,500 OPEN SUN. 3-5 1112 Evelyn. \$15,000 dn.2 bdrm. 841-5001 days.

1 Bedroom Condo
Lovely new interior in
this 761 sq. ft. 1 bdrm,
Town House, unit, new
carpets, drapes, appliances. Private patio, storage room, 5 closets, security carge. Reduced to

BARGAIN COUNTER

3 LINES 4 TIMES \$5.50

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priced, not to exceed
\$50,0.0. Cash with copy.
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clearance. This home shines! /98-8030.
SAM PABLO. #780: 4 bedroom. FHA or no down VA for \$99,950. Ceramic file kitchen, flatsfore patio and much morel. 758-8050.
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RETAINING walls, footings, walkways, drain
pipes. Small loader,
dump truck. 25 years
experience. License
#39398 232-6131

100Amps Brook's Elec. Co 841-4099 #383332-No lob too small!

FIREPLACES 246

FIREPLACES, Remodeled or Repaired, Safety Inspectors & other brick work. Lic #27962.

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FIND, Rent, Tell, Sell, B ulling, Expert gruning, trees, strubs; Weeds removed. Hauling, Park and the Rep and th

BUTLER'S Yard & Gar-den. Landscaping. De-sign. New lawn. Rototil-ing. Planting. Pruning. Weeding. Clean-up. Re-moval. 235-8536.

GARAGE doors custom bit. Repair, sectionals & install. Genies Serv. A.M. 65-0936; at 2, 524-6182.

DRYWALL 229

DRYWALL 229

DRYWALL 229

DRYWALL 229

DRYWALL 229

DRYWALL 229

HAVE WEEDS over run your yard? Complete cleanup \$20 and up, Pruning, concrete. Free est. 234-4860. LAWNS mowed, edged, fert. Reliable. Green-lawn Service, 237-2179.

PROF Painter W./carpen-try elec, tilling, & plumb-ing skills, 23 years exxer.

Low cost free est, 527-148
RETIRED shop instruc-tor-w/reapir business since 1948, Quality work, somable rafes, 843-1035
Sr. Citizen Discount, All Handyman needs for Sr. Citizens. 237-2693
STUDENT HANDYMAN
4 yrs exper, gardening, landscaping, painting, hauling, Quick clean ser-vice, free est. 323-879

RAMUING

268

Plumbing 223-5306, 529-1860

AOME SERVICES 277

BAYVIEW Gutter Serv Gutter cleaning repair All types roof repairs 652-4400 extension 420

FULL Burglar Alarms 6. Face for the skilled electrician SAVE MONEY! 236-1497

HOUSE CLEANING 283

WEST CAPPET 100 PRING CLEAN-UP? Our Service Directory can help. 237-111.

PAINTING 331

BD'S HOUSE, Carpet Cleaning. Upholstery, walls, windows cleaned, floors waxed. 529-2015.

PT.R Charmin din.rmin ment, sa

ELECTRIC SNAKE SEWER SERVICE Drains Opened Plumbing Repairs Water Heaters

commer Cotzim's regular stribution to the ABTA arterly, "For Heaven's te," is unique among

575

CUSTOM BUILT

Stunning 5 bedroom, bath 2 year old home wiew of the Valley, he living room, family ro

AND PETS

MUMGOUS

advanced pupils who used Sumner's teaching against him.

The pupil won the first spade and led back a low diamond. Sumner ducked, but won the diamond continuation and cleared the spade suit by leading the jack.

Declarer won and cashed his last two diamonds. Sumner had to discard on the last diamond. A spade discard would allow South to play ace and another heart to set up a heart as his ninth trick. Sumner knew that his pupil had 25 or 26 high card points for the three notrump call, which left just a chance that East might hold the club jack. So Sumner dropped a low club. Now declarer took his A-K of clubs and finally threw Sumner in with a spade.

Sumner took his three spades, but had to give declarer the last two tricks with the A-Q of hearts. (NEWSPAPER ENTERPRISE ASSN.)

PIN nr Tara Hills view o Bay. 3 bdrm, 2 bath, \$65 mo, plus sec. 799-170 days. 799-1427 eves \$109,000
IN KENSINGTON!
bdrm, quiet view st.
Assumable loans. Anxlous sellers. Concessions
to a buyer who can close
quickly. Agent Susan
Lucas 549-2580

BEST BUY
Nicest 2 year old home in
Pinole- highbeam cellings, formal dining roomplace, welk in closer and
more. Assume the \$936
monthly payments with
small down. Cell now.

Depot Real Estate
758-9700



Astro-graph

\$5,000 down-assume \$48,000 mortgage (no 2n 3 bdrm., 1½ bath 707-447-6850

BY OWNER-\$75,000 2 bdrm., dlning room frpic., aluminum win dows, new roof, tile shower, backyard, de tached garage. 223-6258.

SMALL & COZY 1 plus bdrms, 1 bath. \$39,000. Call EDWARD KING Broker 236-1673

Wildcat Canyon!
Beautiful setting on Park
Ave. Extra wide lot. Two
plus bedroom, cozy fireplace and a large two car
garage. This home is for
buyers that like privacy
and seclusion. #467.

UNDERPRICED

mmaculate three bed room, one & a half bat plus den. Large countr

kitchen with built-in stove and double oven, dish-washer and disposal. Seller will accept FHA or VA offers. #473. Prime Properties 222-5602

Remodeled Annex

OPPORTUNITY

If your birthday is Wednesday, April 20: Over the coming months you will be able to ke important changes to correct conditions to have hampered your growth in the past. Your cess potential increases as the obstacles are GIVE AWAY Owner. 1906 Chan . 222-7538 aff 6 pm

ted.

TAURUS (April 20-May 20)
Shifting situations tend to work to your aday, even though initial happenings coul
herwise. Trust your luck.

GEMINI (May 21-June 20)
Lyou feel confident about your present;

are in the need of cooperation from another, try to establish the alliance today.
CANCER (June 21-July 22)
Forgo frivolous pursuits today and focus your efforts on matters which could add to your income or enhance your material security.
LEC (July 23-Aug. 22)
A business meeting will come off better today if it is conducted in a pleasant social atmosphere. Get away from ringing phones and noisy typewriters. VIRGO (Aug. 23-Sept. 22)
Conditions are favorable today in matters where your family shares a common interest. Let each do all he or she can to bring about desired results.
LIBRA (Sept. 23-Oct. 23)
Although you may not be able to please everyone today, you should still be able to please everyone today, you should still be able to make points with persons who are most important to you.
Don't undersell the value of your work or services today. Be fair about your price, both to your employer and yourself.
SAGITTARIUS (Nov. 23-Dec. 21)
Don't be hesitant today to expand upon plans or projects which presently give indications that they are moving in the right directions.
CAPRICORN (Dec. 22-Jan. 19)
It may be wise to stay in the background today in a situation where another is promoting your best interests. Let him proceed as he sees fit.
AQUARIUS (Jan. 20-Feb. 19)
Constructive arrangements can be worked out today for matters requiring teamwork. Be sure each party is fully apprised of potential benefits.
PISCES (Feb. 20-March 20)
try to implement procedures today which will upgrade your standard of performance where your work is concerned. Quality will bring you recognition.
ARIES (March 21-April 19)

tion.

ARIES (March 21-April 19)
Things should work out well for you today in situ tions where your affections are involved. One will loves you will be in an equally responsive mood.

OLD RODEO

Depot Real Estate 758-9700

2x56 Sunnybrook; 1 bdrm., large patio and utility shed, 223-0828.

MOBILE HOMES

LOTS AND ACREAGE 735

2229 Carleton-lovely large Maybeck style fla with deck, 2 car ga rages, garden, etc. \$159, 000, Agent 285-5700,

MODERN DUPLEX

Edward King

233-6339 of 233-3267
2000-15,000 soft, New general commercial/ware-house space, 'b blk W.San Pablo Ave, EC/Rich line, 17ft, clear holt, Concrete lill up construction Incl. office & restrains in ea. of 5 units, Purchase at \$50 per soft, 90% financing avail. to qualified buyers, Hahn Real Estate 234-274; 235-3220

HINKING of selling your business? Call Ethical Business Bro-kers 527-1065

IEASE-OPTIONS 765

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